

## 28<sup>th</sup> Annual Bike Relay June 15, 2024

# Volunteer Information

Thank you for being one of the over 200 volunteers which make this event possible!

The board of the Kluane Chilkat International Bike Relay Association, in conjunction with the Race Coordinator, would like to thank you for your help in making this a great experience for all. This booklet is intended to help you prepare for your role in the event. Should you have any questions, please contact your checkpoint chief, or myself directly at the contact information below.

Monika Kozlerova KCIBR Race Coordinator 867-333-3366 <u>race.coord@kcibr.org</u>

## **Table of Contents**

Organizers	3
Checkpoint Opening and Closing Times	3
Things You Need to Bring on Race Day	4
Race Day Checkpoint Team Duties	4
Checkpoint Rules	6
Checkpoint Road Signs	6
Emergency Procedures	7
Rules	8
Race Rules for Everyone	8
Race Categories	15
Race Results	16
Crossing Borders	17
Important Information for Checkpoint Chiefs	18
Traffic Control at Checkpoint 2	25

## **Organizers**

#### Race Officials

Monika Kozlerova	Race Coordinator
Mike Kramer	Assistant Race Coordinator/Race Official
Mia Lee	Race Official
Joel Luet	Race Official
Brian Fidler	Race Official
Beth and Jim Hawkings	Chief of Results & Timing
Scott and Laura Williamson	Chief of Results & Timing

#### 2023/24 KCIBR Association Board of Directors

Rob Welton	President	Juneau, AK
Richard Clement	U. S. Vice President	Haines, AK
Chip Lende	U. S. Treasurer	Haines, AK
Colin McCann	Canadian Treasurer	Whitehorse, YT
Scott Kerby	Secretary	Whitehorse, YT
Vacant	Canadian Vice-President	Whitehorse, YT
Vacant	Director	Whitehorse, YT

## **Checkpoint Opening and Closing Times**

(These are estimates; it really depends on the wind and weather)

		Arrive at	Finish at Checkpoints 1-3: Make sure you
<b>#1</b>	Kathleen Lake Lookou	t 8:00 am	noon (Yukon Time) are past Haines Junction before
<mark>#2</mark>	St. Elias Lake Trailhea	d 9:00 am	1:00 pm (Yukon Time) 8:15 AM Road Closure.
<b>#3</b>	Pringle Tower	10:00 am	3:00 pm (Yukon Time)
#4	Mansfield Creek	11:00 am	5:00 pm (Yukon Time)
#5	Summit	11:00 am	6:00 pm (Alaska Time)
#6	Russell Turnoff	11:30 am	7:00 pm (Alaska Time)
	Dalton Cache	N/A	U. S. Border Crossing
#7	Bald Eagle Preserve P	Pullout	12:30 pm 7:00 pm (Alaska Time)
F	Ft. Seward Finish	1:30 pm	10:00 pm (Alaska Time)

- Arrive at your checkpoint a little earlier on Race Day to get information from the Checkpoint Chief
- Volunteers doing traffic control at Checkpoint #1 should leave Haines Junction by 7:15 am
- Volunteers working at Checkpoint #1 should leave Haines Junction by 7:30 am
- Volunteers working at Checkpoint #2 and #3 should leave Haines Junction before the highway closes at 8:15 am
- Where possible, try to carpool to reduce the number of vehicles in a checkpoint area
- Only volunteers, race officials, and media can park in checkpoints (except checkpoint #3 and #4 where there is limited room for identified support vehicles) (Volunteers and Media have purple Vehicle Passes; Race Officials have orange vehicle passes... Please let race official vehicles into the checkpoints.)
- Be prepared to submit Passport at Dalton Cache; obey all travel regulations

If you are traveling outside of your healthcare coverage's jurisdiction, KCIBR strongly encourages you to obtain additional healthcare coverage.

## Things You Need to Bring on Race Day

Prepare for all temperatures: warm layers, hat, gloves, raingear, sunscreen, bug repellent, sunglasses, sun hat. Also bring a lunch, snacks, water, and warm drink in a thermos if you have one. The dinner in Haines (at the Alaska State Fair Grounds) runs from 4pm to 9pm. Volunteers calling bib numbers 1 km north of checkpoints might want a lawn chair & binoculars.

• Volunteers working in Checkpoints #3 and further down the line may also want to bring a lawn chair.

## **Race Day Checkpoint Team Duties**

#### All checkpoint volunteers

- Are responsible for setting up (before the first rider) and dismantling (after the last rider) the checkpoint, and assisting with the loading or piling of supplies; Checkpoints 1-4 are set up in advance on Thursday.
- **<u>MUST</u>** wear a reflective safety vest as their outermost layer.

**Checkpoint Chief**: in charge of all checkpoint operations and guides volunteers including layout, parking/traffic, liaising with St John First Aid & YARA, & providing breaks.

**Bib Pre-Caller**: located 400-1000 meters north of checkpoint (depending on radio reception; where we place the Checkpoint Ahead sign is usually where there is good radio reception). Radios in bib numbers to exchange zone bib-caller as riders pass. Binoculars may be useful at Checkpoints #1 and #2 due to bunching of riders.

**Bib Caller in Checkpoint**: uses radio to receive Bib Pre-Caller's bib #s and megaphone to call out bib numbers so that outgoing riders can get ready for the exchange. Megaphone should be directed toward outgoing riders.

**1 KM Bib Recorders**: Record bib numbers in checkpoint (and at 1 KM if needed).

**Traffic Controllers – in Checkpoint (#3 & #4 only)**: keep flow of support vehicles going smoothly in and out of Checkpoints #3 and 4 only; keep traffic moving while ensuring safety of cyclists entering and exiting checkpoint.

Ensure entry & exit areas are safe for riders. Do NOT enter the the road.

**Slow-Down Marshalls**: Verbally remind riders that they should be slowing down in preparation for stop and dismount. This is particularly important at the US Border crossing at Dalton Cache where there is a descent and riders can gain speed just before entering the US Border crossing.

**Stop-and-Dismount Marshalls**: Physical and verbal presence at stop and dismount line; directs riders once dismounted toward Control Station lanes.

**Control Station Marshalls**: Assist incoming riders with reading of SI Stick in Control Station and directing riders to the exchange area.

**Bib Tear-off Marshall**: removes tear-off portion of bib when finishing rider is leaving exchange zone exit.

**Start Zone Marshalls**: Controls departing riders entering exchange zone to meet finishing riders and exchange SI Stick on lanyard which must be placed around neck and tucked into shirt (or secure in some other manner) before departing. **PLEASE CHECK THAT THE DEPARTING RIDER HAS NO EAR BUDS or MUSIC PLAYER.** 

St John Ambulance Yukon: Responsible for emergency first aid; based in each checkpoint.

Yukon Amateur Radio Assoc. Operators (YARA): Provide race and emergency communication services.

**RCMP/Haines Police/Alaska State Trooper**: Officers patrol the racecourse ensuring traffic control and general safety, and deal with any bear sightings to minimize encounters.

**Sweeper Vehicle**: Follows behind the last racer with a sign saying "Caution Bike Race Ahead"; communicates with YARA and St John Ambulance at each checkpoint.

## **Checkpoint Rules**

• Race participants and their support people must be courteous and follow the instructions of the checkpoint volunteers. Teams can be disqualified or assessed time penalties for not following the *Race Rules for Everyone, Race Rules for Riders,* and the *Safety and Traffic Rules for Drivers.* Please review all of the rules which are contained in the latter part of this booklet.

**NOTE**: As volunteers, it is your job to encourage people to obey the rules but please refer any problem situations to your Checkpoint Chief and/or Chief of Race; Complete an Incident Sheet if you feel officials should be told about an issue.

- Vehicles driven by race officials (orange windshield ID), volunteers, St John Ambulance, YARA, and media (purple windshield IDs) are allowed into ALL checkpoints. Team support vehicles are only allowed into Checkpoints #3 & #4. If in doubt, ask the Checkpoint Chief.
- Riders must slow down as they enter the checkpoint and stop and dismount before walking up to the Control Stations to swipe their SI Stick. They then pass the stick (on a lanyard which must be worn around the neck) onto their next rider.
- No loose dogs are allowed in checkpoint areas.
- Except for Officials doing Traffic Control at Checkpoint 1 and 2, please do <u>NOT</u> stand on the road and do <u>NOT</u> direct traffic on the road.

## **Checkpoint Road Signs**

For Checkpoints 3-6, specific road signs for both northbound and southbound traffic will be placed on both sides of the checkpoint. WHEN YOU ARRIVE AT YOUR CHECKPOINT, **PLEASE TURN THE SIGNS SO THEY FACE NORTHBOUND AND SOUTHBOUND TRAFFIC.** This is part of our safety strategy. The sandbag on the back of the stand keeps the sign from blowing over. For Checkpoints 1 and 2, there will be 5 advanced warning signs (5 for northbound and 5 for southbound) set up prior to your arrival. For all other checkpoints, there will be 3 advanced warning signs set up at your checkpoint prior to your arrival. During clean-up of your checkpoint (after the last rider), the signs, stands, and sandbags should be collected and given to the sweep race officials. Checkpoints 1 and 2, and the Start Line make use of different signs which race officials will set up.





All checkpoints have signs for the 1 km pre-caller. The signs will say (e.g. Checkpoint 3 - 1km ahead)

## **Emergency Procedures**

If an accident or bear incident is reported to you as a volunteer, direct the person to the Checkpoint Chief and Yukon Amateur Radio Association and St John Ambulance members. St John Ambulance should provide initial emergency first aid as they are likely closest. YARA has the ability to contact RCMP, EMS, and other emergency responders.

The Kluane Chilkat International Bike Relay has emergency communication systems in place at each checkpoint to ensure a fast response time to the scene of an accident.

Teams need to know that there are risks associated with traveling over a remote wilderness road where cell phones, radio phones, and satellite phones may not be reliable. EMS is located in Haines Junction and Haines, AK.

#### If you are assisting at the scene of an accident:

**1. Keep the injured person(s) warm,** stabilize and administer first aid to the best of your ability and training.

**2. Get Help.** Send someone to the nearest checkpoint and/or flag down the first official you see. Use the KM or Mileage markers on the side of the road to pinpoint the approximate location (see below). Every checkpoint has emergency communications (Yukon Amateur Radio Volunteers). St John Ambulance, RCMP, Alaska State Troopers, and Race Officials will be on the course. Race officials will have an orange placard in their vehicle window and will be wearing an orange vest. All are trained in the emergency communications procedures for this event.

#### 3. Control traffic and crowds.

Leg	KM (Canada) or Mile (US) Markers
1	KMs 242 – 226
2	KMs 224 – 188
3	KMs 186 – 164
4	KMs 162 – 134
5	KMs 132 – 104
6	KMs 102 – 76
7	KM 74 – Mile 20
US Border	KM 88
8	Mile 18 – 0

## <u>Rules</u>

## Race Rules for Everyone

The Kluane to Chilkat International Bike Relay (KCIBR) event is a bike relay race that allows for solo, two, four and eight-person bike teams. The KCIBR Mission:

To host an annual international road bike relay from the Yukon to Alaska that is a safe, fun, sustainable, community-oriented event for riders of all abilities, along one of the most scenic and remote roads in the North.

These rules are to help promote our mission. Please help us with our mission by following the rules.

The event takes place on the Haines Highway over 240 kilometres between Haines Junction, YT and Haines, Alaska (the event course), and traverses a variety of topography including steep hill climbs and descents. Weather conditions can vary along the event course including high winds, rain, cold and heat.

At a minimum, participants should be physically fit for the category entered and prepared to encounter varied terrain and weather conditions. Participants must also be prepared and equipped to deal with first aid, weather and motor vehicle emergencies in a remote location along the event course.

Violations of any of the REQUIREMENT rules may result in team disqualification or time penalties as determined by Race Officials.

## **REQUIREMENTS**

1. **TEAM CAPTAIN:** Teams must designate a captain but captains do not have to be a rider.

2. **COURTESY:** All riders, drivers, and spectators are required to be courteous to fellow riders, volunteers and race officials. Directions and requests of race officials and designated volunteers must be followed.

3. **SIGN OFF:** Team Captains or their representatives will be required to sign off, when picking up their Race Package, acknowledging that they, and all team members have read, understand and will obey the Race Rules.

#### 4. RACE PACKAGE PICK-UP

All riders are required to view the **Virtual Racer Briefing** (link to the briefing will be available in late May/early June) prior to picking up the team's Race Package.

**WAIVERS**: All riders MUST complete and submit a signed, hard copy waiver (Adult or Youth) at Race Package Pick-Up. There are two locations to choose from:

1) Whitehorse-area Team Captains have the option of Race Package Pick-up on the Tuesday before the event at the Mt. McIntyre Recreation Centre.

2) The second choice is the Friday before the event in Haines Junction. Check the Itinerary page for the location and time details.

#### Note: All times for Package Pick-Up are Yukon Times.

5. **CHECKPOINTS**: See Checkpoint and Finish Line Directions. Please follow all traffic control volunteer instructions at every checkpoint.

7. **IMPAIRMENT:** KCIBR prohibits the use of non-medicinal drugs and alcohol during participation in the event. Participants must not be impaired by drugs or alcohol while riding or driving on the event course.

8. **CHANGES TO THE EVENT:** Race Officials, in conjunction with the KCIBR Association Board, reserve the right to make last-minute changes to the event including canceling the event if deemed necessary for safety reasons. Possible reasons could include but is not limited to: weather, road conditions, wildfire or wildlife conditions. In the event of changes or cancellations, there are no refunds available. Changes would be communicated as best as possible via the Race Package Pick-up, Start Line and Checkpoint announcements, and local radio media in Whitehorse and Haines. **Regarding riders:** Any changes being made to riders or the order of riders are subject to applicable **change fees** and must be accompanied by appropriate rider information. Changes to riders (team members) will not be accepted without a signed waiver for the new rider and which must be handed in at Package Pick-Up.

### SUGGESTIONS AND INFORMATION

**A. ROAD CLOSURE:** The Haines Highway will be closed on the Saturday as follows:

• Southbound at Dezadeash River bridge in Haines Junction to the 3.8 kilometer highway pullout (top of hill) from 8:15 – 9:15 AM (Yukon Time)

**B. LEG 2 RIDER DROP OFF:** All Leg 2 riders MUST BE south of the Start Line BEFORE the southbound road closure takes effect at 8:15 AM Yukon Time. Support vehicles are required to go beyond the area of the road closure in order to support riders on Legs 1 and 2.

The southbound road closure extends from the start line to approximately kilometer 3.8 (which is at the beginning of a pull off on the left at the top of a hill). Due to traffic congestion and safety concerns in leg 1, only one support vehicle per team should be active in leg 1 south of the road closure.

There will be restrictive traffic controls in place at Checkpoint 1 and 2. Please refer to the Traffic Control information.

**C. START TIMES:** Start times are staggered based on team categories (e.g. solos, 2 person teams etc.).

Race Start Times are based on what is felt to be the SAFEST start order. Please remember this is a recreational event with a primary focus on fun, participation, and safety.

\*\*\*\* 2024 RACE START TIMES are:

8:20 am (SOLOS AND 2-PERSON TEAMS),8:45 am (4-PERSON TEAMS) and

9:00 am (8-PERSON TEAMS).

Note: An attempt at defining types of riders:

Competitive Riders = riders who are training for many months for this event. Please line up at the Start Line.

Recreational Riders = riders who have done some (a few weeks) or little training for this event. Please line up 10-15 meters behind the Start Line.

## **D. LEG 7 RIDERS: Leg 7 riders MUST STOP AT U.S. CUSTOMS and SHOW PASSPORT ID** and other **required documents.**

**E. BORDER CROSSING:** Please ensure everyone has their **Passports and any other documents** required to cross the US and Canadian borders. Ensure passports and any other documentation is ready to provide (in hand) PRIOR to arrival at the border.

**F. MANDATORY LEG 8 START TIME:** All riders must start riding Leg 8 by 7:00 PM Alaska Time regardless of whether the Leg 7 rider has entered the checkpoint. All times will be adjusted to calculate the total race time. Teams that use the mandatory start time for Leg 8 are not eligible for the Red Lantern award. A Race Official will oversee any mandatory Leg 8 Starts.

**G. 'BLUE TEAM TIME SHEETS':** All team progress **MUST** be monitored by the team itself during the race and recorded on the '**Blue Team Time Sheet'**, including competitor names and leg times, and any rider substitutions. Team Captains must hand in the 'Blue Team Time Sheet' at the FINISH LINE AREA completely and clearly filled out within 30 minutes of finishing the event. These 'Blue Sheets' serve to sign off your team and are required for any queries, disputes, protests, or category awards. If a timing stick is lost during the race, your team **WILL NOT** be issued a replacement. Therefore, recording each individual's time is essential for accurate race results.

**H. RACE FINISH CLOSURE:** The race finish area will officially close at 9:00 PM Alaska time. Teams finishing after this time will not get an official result.

**I. ALCOHOL CONSUMPTION AT BANQUET IN HAINES:** Alcoholic beverages can only be consumed in the designated areas which may be adjacent to the finish line if there is a beer garden there and at banquet supper area. Please respect local bylaws if you are consuming alcoholic beverages.

**J. PORTA POTTIES / OUTHOUSES:** There are porta potties or outhouses in every checkpoint. Please try to use these when traveling along the highway to minimize the impact on the natural environment.

## **RACE RULES FOR RIDERS ON COURSE**

The KCIBR event is a bike relay race that allows for solo, two, four and eight-person bike teams. The KCIBR Mission:

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These rules are to help promote our mission. Please help us with our mission by following the rules.

The event takes place on the Haines Highway over 240 kilometres between Haines Junction, YT and Haines, Alaska (the event course), and traverses a variety of topography including steep hill climbs

and descents. Weather conditions can vary along the event course including high winds, rain, cold and heat.

At a minimum, participants should be physically fit for the category entered and prepared to encounter varied terrain and weather conditions. Participants must also be prepared and equipped to deal with first aid, weather and motor vehicle emergencies in a remote location along the event course.

Violations of any of the REQUIREMENT rules may result in team disqualification or time penalties as determined by Race Officials.

### **REQUIREMENTS**

- 1. **HELMETS:** Approved cycling helmets are mandatory for all riders. No exceptions.
- 2. **BIKES:** Most riders use mountain, road, or hybrid bikes.
  - Teams using recumbent bikes and teams using tandem bikes are allowed but that type of bike must be used by every rider on a team.

- Recumbent bikes can only draft with recumbent bikes and tandem bikes can only draft with tandem bikes.

- E bikes are allowed on 8-person teams but are not required for every rider on that team.
- Any 8-person team with an e bike may not place 1st, 2nd, or 3rd for their category.
- E bikes may only draft e bikes. No other bikes may draft an e bike.
- No other modes of transportation not listed above are allowed.
- 3. **AEROBARS:** Aerobars are prohibited. Aerobars means any handlebars or handlebar attachments pointing upwards or forwards and offering forearm support.
- 4. **DISC WHEELS:** Disc wheels (or any spoke covers or other fairings meant to emulate disc wheels) are prohibited.
- 5. **CHILD CARRIERS:** The carrying of children in pull behind carts, tag-a-long bikes, child carriers, or any other device is NOT ALLOWED.
- 6. **HEADPHONES AND MUSIC:** The use of headphones, personal stereos, or cell phones while riding is NOT ALLOWED.
- 7. **DISPLAY OF RACE NUMBERS:** Team numbers MUST be displayed on the RIGHT outer thigh, hip, or buttock (this means clothing is required). Bike race numbers MUST be on the seat post fastened with twist ties below your seat trailing behind. Both must be visible and vertical while riding. Rider and bike team numbers are supplied in your race package.
- 8. **HIGHWAY SHOULDER RIDING:** Riders must stay as far as possible to the right ON THE HIGHWAY SHOULDER to allow vehicles to pass safely. Requests from race officials or designated volunteers to move on to the shoulder are mandatory. Pack riders must ride as far to the right of the highway/shoulder as possible.
- 9. **DRAFTING:** Drafting is permitted with other competitors only.
  - Drafting is permitted between riders on standard bikes.
  - Recumbent bikes may draft only with other recumbent bikes.

- E bikes can only draft e bikes.
- No standard bikes may draft an e-bike.
- Drafting of vehicles is not allowed.
- No support riders are allowed on the course.
- 10. **SOLO RIDERS:** Subject to the same rules as other teams. With the exception of accessing the solo snack support provided by lcycle Sports at Checkpoints 3 and 5, solo riders should **NOT stop at ANY** checkpoint until they reach the Finish Line checkpoint.
- 11. **VEHICLE CONTACT:** Contact between riders and vehicles in motion is not allowed. Riders may not be passed anything from a vehicle. Support crew must be outside the vehicle to pass anything to a rider.

#### 12. VALID LEG CONFIGURATIONS FOR TEAMS:

**Solo teams** - No restrictions (only 1 rider)

2-person teams - There is only one valid configuration:

Rider 1 - Leg 1, 2, 3, and 4 Rider 2 - Leg 5, 6, 7, and 8

**4-person teams** - Riders must ride a minimum of 2 legs and each pair of legs must start at an odd number. Riders cannot ride 3 legs.

Regular configuration:	Also allowed (for example): OR (for example):		
Rider 1 - Leg 1 & 2	Rider 1 - Leg 1, 2, 3, and 4	Rider 1 - Leg 1 & 2 & 7 & 8	
Rider 2 - Leg 3 & 4	Rider 2 - Leg 5 & 6	Rider 2 - Leg 3 & 4	
Rider 3 - Leg 5 & 6	Rider 3 - Leg 7& 8	Rider 3 - Leg 5 & 6	
Rider 4 - Leg 7 & 8			

Riders **MUST** stop at Checkpoints 2, 4, and 6, where the exchange occurs and at the Finish Line (Checkpoint 8). If a rider is riding 4 legs, they must still stop at Checkpoints 2, 4, 6, and at the Finish Line.

**8-person teams** - No restrictions - any person can ride any leg. All riders must stop at all checkpoints.

#### 13. ORDER/ SUBSTITUTIONS:

- Riders must ride in the order that has been indicated in their team registration.

- Any substitutions may only be made between original riders who have signed a waiver and registered on that team.

- Substitutions must be recorded on the Blue Race Sheet and must be turned in at the Finish Line.

- A rider not completing a leg may not ride again in the relay.
- The substituting rider may ride a later leg.
- Only **one** substitution is allowed per leg to a maximum of three substitutions for the race.
- A fifteen (15) minute penalty will be assessed for each substitution.

- Note: If the Leg 7 rider is substituted before the border crossing, the new rider will need their passport with them.

#### 14. DROP OUTS AND BREAKDOWNS:

- If a rider fails to complete their leg they may have a substitute rider from their team complete the leg for them. See Rule 12, Vehicle Contact, above.

- If no rider can substitute, the team may go to the next checkpoint and contact the Checkpoint Marshall who will allow the next rider to begin their leg.

- Ensure that an outgoing time is recorded for the rider and note it on the 'Blue Team Time Sheet' along with the fact that the previous rider did not complete their leg.

- The incomplete rider will be assigned a time equal to the slowest time on that leg.

#### 15. U. S. BORDER CROSSING - DALTON CACHE

Riders and drivers planning to cross the US and/or Canadian borders must abide by all regulations applicable. Riders - have your passport ready (do not clench with teeth or the border agents will need to use sanitary restrictions). Visit

https://www.cbp.gov/about/contact/ports/dalton-cache-alaska-3106 for restrictions. Typical confiscated items include fruit and eggs.

## SUGGESTIONS AND INFORMATION

A. CLOTHING: Riders are encouraged to wear bright clothing.

B. SOLO RIDERS: Only experienced riders should enter this category. Icycle Sports is sponsoring a selection of snacks at checkpoints 3 and 5 for solo riders only.

C. TEAM SUPPORT: Teams must be totally self-sufficient for bike repairs and refreshments.

D. CERTIFICATES: A <u>Certificate template</u> is available on the website and can be filled in with your personal rider information and printed.

E. FOOD: Checkpoint #4 will have a food truck where riders as well as passengers of support vehicles can buy food (only cash will be accepted).

## **Rules for Support Vehicles**

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At a minimum, participants should be physically fit for the category entered and prepared to encounter varied terrain and weather conditions. Participants must also be prepared and equipped to deal with first aid, weather and motor vehicle emergencies in a remote location along the event course. If you are able to, please carry a bear spray container in your vehicle.

Support vehicles are permitted to assist riders throughout the race. Please follow these simple rules to ensure that riders and drivers have an enjoyable and safe race.

## **Support Vehicle Rules**

Support vehicles are permitted to assist riders throughout the race FROM THE SIDE OF THE ROAD ONLY. Please follow these simple rules to ensure that riders and drivers have an enjoyable race.

Violations of any of the Support Vehicle Rules may result in team disqualification or time penalties as determined by Race Officials.

All regular rules of the road are in effect at all times before, during, and after the race.

This race has the potential for many dangerous traffic situations. Use caution at all times, particularly at checkpoints. Watch for riders when parking and opening vehicle doors.

- 1. Each team may have only one official support vehicle.
  - Teams will be given 2 vehicle identification tags.
  - These tags must be displayed on the right front window and rear window.
  - Only support vehicles bearing this identification will be allowed in the checkpoint areas which permit parking, checkpoint 3 and 4.
  - PLEASE use as FEW vehicles as possible for moving riders down the course.
- 2. Strict **no parking zones** have been established on either side of checkpoints. At checkpoints obey all signs and only park and stop where permitted. There is Special Traffic Control in effect around Checkpoint 1 and Checkpoint 2. If violation is noted, this may result in time penalty and/or team disqualification.
- 3. **Parking**: When parking your vehicle along the highway, park COMPLETELY OFF the traveled surface of the road so that when you open your door, it doesn't interfere with riders or vehicles. If there is not enough room to park in this manner, please move further down the highway and look for a better place to park.
- 4. Support vehicles shall not travel on the shoulder of the road (the bike lane) or keep pace with the rider. Motorpacing of riders is not allowed.
- 5. Support vehicles must drive in the right-hand lane only. Drivers must obey the rules of the road and pull completely off the highway and bike lane to assist their rider. Park and stop only on the right-hand side of the road, when it is safe to do so.
- 6. **Passing**: Pass only when it is safe to do so. Do not pass cyclists or vehicles UNLESS it is safe to do so (i.e. you can see far enough down the road that the left lane is clear and safe to use). This is a basic safe driving practice which is ESPECIALLY IMPORTANT in this event!

#### **Information for Drivers**

## Fuel

Fuel is only available in Haines Junction, Yukon and on the outskirts of Haines, Alaska. *There is no fuel available from Kathleen Lake, 20 km/12.5 miles south of Haines Junction, until 33 Mile Roadhouse in the US.* This is a distance of approximately 200 km (120 miles). Please check your fuel gauge before leaving Haines Junction.

## **Border Crossing**

Please ensure everyone has their **Passports and any other documents** required to cross the US and Canadian borders. Ensure passports and any other documentation is ready to provide (in hand) PRIOR to arrival at the border. Be kind and courteous to the US Border agents. They can be overwhelmed during the relay, and the line may back up. Be patient and respectful.

## TIMING AND EXCHANGES

KCIBR uses the Sport Ident Timing and Checkpoint system to ensure accurate split and finish line timing.

Each team rider (including solo riders) will carry a Sport Ident (SI) stick on a lanyard around their neck. The plastic stick can be tucked inside the rider's shirt while riding and the lanyard is big enough to fit over most helmets. For details about the SI system go to: <u>www.sportident.com</u> The SI protocol for <u>exchanges at checkpoints</u> is as follows (see attached diagram):

- Riders will come into a marked and marshaled "SLOW DOWN" zone within 40 metres of the checkpoint finish line
- Riders will DISMOUNT at a marked and marshaled line approximately 10 metres from the checkpoint finish line
- Riders will walk their bike to the finish line where they can choose from a number of "fenced lanes"
- Riders will insert their SI stick into one of the control stations mounted on top of the fencing until they hear a beep (marshals will be available to help)
- Riders will then move past the fenced lanes to an "exchange area" where they pass the SI stick and lanyard on to the next rider
- The finishing rider exits from the exchange area via an exit chute where their bib tear-off will be removed
- Once they have secured the SI stick and lanyard over their head, the new starting rider will exit the checkpoint back onto the roadway

The SI protocol for the Finish Line in Haines, Alaska is as follows:

- Riders will cross the finish line and enter a slow down zone
- Finish line marshals will keep riders in order in the slow down zone
- Riders will stop and walk their bikes into an exit chute
- Riders will insert their SI sticks in a control station
- Riders will give their SI stick to Race Officials who will also remove their bib-tear-off
- Riders will exit the finish line chute

Note:

- Solo riders will not enter any checkpoints
- 2-person team riders will only enter Checkpoint 4 to exchange the SI stick and change riders
- 4-person team riders will only enter Checkpoints 2, 4, and 6 to exchange the SI stick and change riders

- At all other checkpoints, solo, 2 person and 4 person riders will ride past the checkpoint staying on the right side of the road
- Teams with less than a full complement of riders shall ensure that all their riders pass through all of the required checkpoints for the category in which the team is entered. For example, riders on a four-person team must go through Checkpoints 2, 4, 6 & 8. Riders on an eight-person team must go through Checkpoints 1, 2, 3, 4, 5, 6, 7 & 8. Therefore, participants riding in the 8-person category who are riding more than 1 leg, must enter each checkpoint and dip the SI stick at a control station and have one of the bib tear-offs taken, and then continue on riding.

#### Race Package Pick-up and Start Line

- SI sticks and lanyards will be handed out with race packages
- There will be practice control stations set up at the Race Package Pick-up to see how the system works
- Race Officials will be in the Start area prior to each staggered start to ensure that all riders validate their SI stick by dipping it in a Check SI station.

### Support Vehicle Rules

Support vehicles are permitted to assist riders throughout the race FROM THE SIDE OF THE ROAD. Please follow these simple rules to ensure that riders and drivers have an enjoyable race.

Violations of any of the REQUIREMENT rules will result in team disqualification.

### REQUIREMENTS

All regular rules of the road are in effect at all times before, during, and after the race (and for the rest of your life for that matter). This race has the potential for many dangerous traffic situations. Use caution at all times, particularly at checkpoints. Watch for riders when parking and opening vehicle doors.

- 1. Each team may have one official support vehicle.
  - Teams will be given 2 vehicle identification tags.
  - These tags must be displayed on the right front window and rear window.
  - Only support vehicles bearing this identification will be allowed in the checkpoint areas (3 & 4) that permit parking.
  - PLEASE use as FEW vehicles as possible for moving riders down the course.

**2.** Strict **No Parking zones** have been established on either side of checkpoints. At checkpoints, obey all signs and only park and stop where permitted. There is Special Traffic Control in effect around Checkpoint 1 and Checkpoint 2.

**3.** Support vehicles shall not travel in the bike lane or keep pace with the rider. **Motor pacing** of riders is NOT allowed.

4. Support vehicles must drive in the right-hand lane only.

- Drivers must obey the rules of the road and pull completely off the highway and bike lane to assist their rider.
- Park and stop only on the right-hand side of the road when it is safe to do so.
- Note: There are special traffic control and parking rules for Checkpoints 1 and 2.

**5. Passing**: Pass only when it is safe to do so. Do not pass cyclists or vehicles UNLESS it is safe to do so (i.e. you can see far enough down the road that the left lane is clear and safe to use). This is a basic safe driving practice which is ESPECIALLY IMPORTANT in this event!

**6. Parking**: When parking your vehicle along the highway, park **COMPLETELY OFF** the travelled surface of the road so that when you open your door, it doesn't interfere with riders or vehicles. If there is not enough room to park in this manner, please move further down the highway and look for a better place to park.

#### **Information for Drivers**

Fuel is only available in Haines Junction, Yukon and on the outskirts of Haines, Alaska. There is no fuel available from Kathleen Lake, 20 km/12.5 miles south of Haines Junction, until 33 Mile Roadhouse in the US. This is approximately 200 km (120 miles). Please check your fuel gauge before leaving Haines Junction.

## **Race Categories**

#### Team Size and Type

- Solo 1 rider female or male
- 2-person 2 riders female, male, or mixed
- 4-person 3 or 4 riders female, male, or mixed
- 8-person 5, 6, 7, or 8 riders female, male, or mixed

#### Team Type

Team gender is determined by the combined gender of rider(s) when registering.

- Women's teams must be all women.
- Men's teams must be all men.
- Teams are otherwise mixed gender.

#### Bike Types

- Most riders use mountain, road, or hybrid bikes
- Recumbent and tandem bikes are allowed but must be used by every rider on a team
- Recumbent bikes can only draft with recumbent bikes and tandem bikes can only draft with tandem bikes
- E bikes are allowed on 8-person teams **ONLY** but are not required for every rider on that team.
  - Any 8-person team with an e bike may **not** place 1st, 2nd, or 3rd for their category.
  - E bikes may only draft with e bikes. No other bikes may draft an e bike.
- Aerobars and disc wheels are not allowed (see Rules sections for complete rules details)

#### Solo Teams

- A solo rider must ride all 8 legs (1 through 8).
- Solo riders must dip their timing sticks at the Finish Line.
- Solo Snack Stop: Icycle Sports (a KCIBR sponsor) will be providing snacks for solo riders at Checkpoints 3 and 5.
- If stopping for snacks, do not go through the timing portals and do **NOT** dip your timing stick. LOOK FOR THE SOLO SUPPORT SIGN BETWEEN THE HIGHWAY AND THE CHECKPOINT CHUTE

#### 2-Person Teams

- Riders on a 2-person team must ride four consecutive legs. Changing of riders can only take place at checkpoint 4
- Leg Configuration: There is only one valid configuration: Rider 1 - Leg 1, 2, 3, and 4 Rider 2 - Leg 5, 6, 7, and 8
- Riders of 2-person teams only enter and must dip their timing stick at Checkpoint 4 and at the Finish Line or risk being disqualified. Riders must not dip their stick at other checkpoints.

#### 4-Person Teams

- Teams may use three or four riders.
- Riders must ride a minimum of 2 legs and each pair of legs must start at an odd number. Riders cannot ride 3 legs.

Regular configuration:	Also allowed (for example):	OR (for example):
Rider 1 - Leg 1 & 2	Rider 1 - Leg 1, 2, 3, and 4	Rider 1 - Leg 1 & 2 & 7 & 8
Rider 2 - Leg 3 & 4	Rider 2 - Leg 5 & 6	Rider 2 - Leg 3 & 4
Rider 3 - Leg 5 & 6	Rider 3 - Leg 7 & 8	Rider 3 - Leg 5 & 6
Rider 4 - Leg 7 & 8	-	-

- Riders **MUST** stop at Checkpoints 2, 4, and 6, where the exchange occurs and at the Finish Line (Checkpoint 8).
- Regardless of legs ridden, only 4-person teams enter and must dip their timing sticks at Checkpoints 2, 4, and 6 and at the Finish Line or risk being disqualified. Riders must not dip their stick at other checkpoints.
- Teams registering 3 riders will pay the full 4 Person Team fee.
- Start Line Coat Drop for Leg 1 riders; if you need to have an extra layer on while waiting for your start on Leg 1 (yet your support vehicle went south before the road closed), you can drop your coat/layer at the Start Line before your 9:00 AM start. You must pick it up at Checkpoint 2.

#### 8-Person Teams

- Teams may use five to eight riders
- Riders on an 8-person team can ride one or more legs. Legs ridden do not need to be consecutive. Changing of riders can only take place at checkpoints.
- Regardless of legs ridden, 8-person teams must enter the timing chute and must dip their timing sticks at <u>ALL</u> checkpoints and the finish line, or risk being disqualified.
- Teams registering less than 8 riders will pay the full 8-Person Team fee.
  - Start Line Coat Drop for Leg 1 riders; if you need to have an extra layer on while waiting for your start on Leg 1 (yet your support vehicle went south before the road closed), you can drop your coat/layer at the Start Line before your 9:00 start. You can pick it up at Checkpoint 1.

## Race Results

Race Results will only include leg times for the designated official legs for that specific team size (solos get 1 time; 2-person teams get times for legs 1-4, 5-8; 4-person teams get times for legs 1-2, 3-4, 5-6, 7-8; 8-person teams get times for each leg). The rider name listed in the Results will be the rider name supplied during Online Registration and/or on pre-race Change forms.

If there are concerns about times, riders should complete a Correction Request form at the Finish Line or email race.coord@kcibr.org. Concerns will only be considered for teams that have handed in a completed Blue Team Time Sheet.

Certificates are available on-line only on the KCIBR website.

Results will be sent to local media in Alaska and Yukon and posted on the <u>www.kcibr.org</u> website.

## Crossing Borders

## BORDER ENTRY REQUIREMENTS for RIDERS, SUPPORT VEHICLES AND, VOLUNTEERS

Due to the Radiation Portals (which scan all vehicles for the presence of radioactive materials) at the U.S. Border, anyone who has had medical tests and/or treatments involving radioactive material may face a short delay. Please call U.S. Customs at 907-767-5511 to see what information you might be able to provide to speed up your clearance. It is suggested that your leg 7 rider NOT fall into this category.

# All riders who cross the US-Canada border will be required to stop and show identification (a passport, some exceptions noted below) to a US Customs Officer. This includes all leg 7 riders on solo, two, four and eight-person teams.

Leg 7 riders will have to stop at the US-Canada border at the radiation portal. They will be directed to walk around the portal and up onto the sidewalk where they will clear customs. Once riders have entered the bike lane at Canadian customs, there is to be no passing.

#### All leg 7 riders must stop and show their Passport to the Customs Officer there.

A rider without ID at this point will not be allowed to proceed.

All other team members will stop at the border in their vehicles, present Passports, and clear customs in the usual manner.

A support group based in Haines will provide bicycle traffic support at Dalton Cache (US border). They will be wearing hi-rez vests. Please follow their direction, since the crossing can become crowded and the support team members will direct the riders to the queue. They can provide answers to typical questions riders may have.

### **IMPORTANT:** Support Vehicles and Other Drivers at the Border Crossing

U.S. Customs has asked us to pass along this important advice. US Customs will have extra officers and 2 lanes to expedite border crossing. Drivers of vehicles MUST have ALL of the Passports for the passengers in their vehicle in their hand and ready to pass to the customs officer. Failure to follow this procedure will result in the vehicle being directed to a holding area and the occupants may experience lengthy delays in waiting for clearance.

U.S. Customs would also like to advise riders and support vehicles that most delays and long waiting times in the past have been caused by drivers and passengers who wait until they are stopped before looking for their ID papers.

## Acceptable Identification

**Passports are the mandatory identification** for anyone crossing the border, with limited exceptions for US residents - active Military, Landed Immigrants, and some other cases. Please go to travel.state.gov and click on the Western Hemisphere Travel Initiative in the middle of the page or call your closest US Customs and Border Protection Office if you need additional information or clarity about your personal situation.

These are the same ID requirements as for anyone crossing the border. If you have any questions, call US Customs at 907-767-5511 or Canada Customs at 907-767-5540.

## KCIBR strongly encourages anyone traveling outside of their health coverage jurisdiction to obtain additional health care coverage.

## Important Information for Checkpoint Chiefs

- Please make sure ALL volunteers are wearing a high visibility vest when working in the checkpoint and when around any moving vehicles
- Picking up Checkpoint boxes
  - Haines checkpoints #5-Finish:
    - Race Coordinator will confirm pickup locations days prior to the race
  - <u>Whitehorse groups checkpoints 1-4</u>: <u>Choice of</u> (Let me know which one works for you):
    - You pick up Friday night in Haines Junction at Da Ku Centre between 5-8 pm
- Checkpoint boxes will be picked up by the sweep race official(s) after your checkpoint closes

### - Pre-Rider Forerunner

- We will <u>not</u> have a race official coming down in front of the riders; we are keeping the race officials on course with the riders to better trouble-shoot issues
- Yukon Amateur Radio Association volunteers are at each checkpoint and will help with any set up or timing device issues (or 2-way radio issues)
- Please check in regularly with St John Ambulance and YARA officials in your checkpoint. YARA will have big yellow flag banners at their locations
- Advanced warning signs

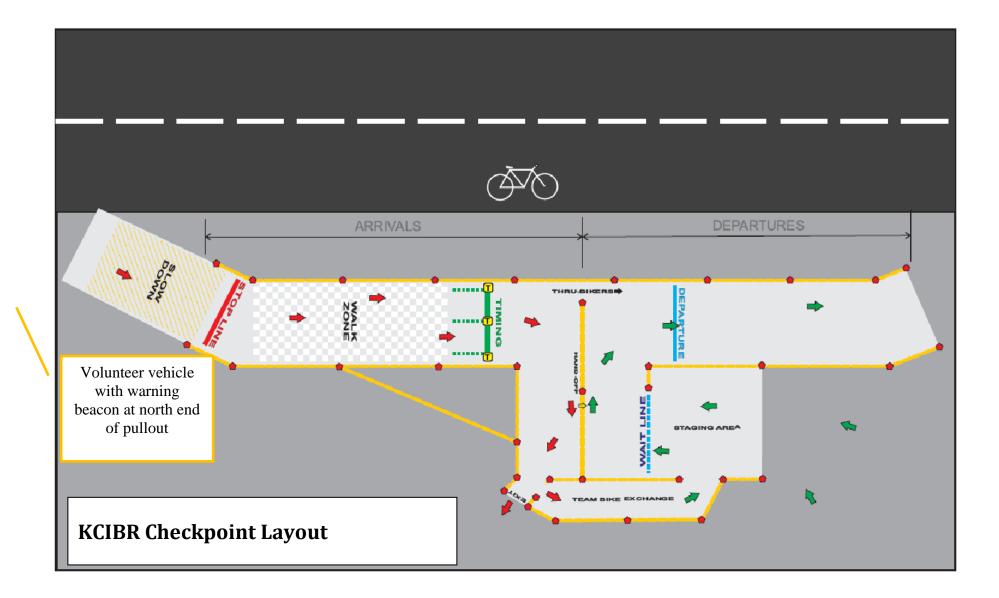
- Checkpoints 3, 4, 5, 6 We will place advanced warning signs on the north and south ends of your checkpoint on Thursday, June 13; they will be turned so they are facing the ditch.
- When you arrive at your checkpoint, have a few volunteers wearing high visibility gear CAREFULLY walk/drive to the signs, and turn them so they face approaching traffic. You will need to do this at the north and south ends of your checkpoint. There will be sandbags on the sign holders to weigh them down
- Checkpoints 1 and 2 will be done by race officials
- Checkpoint 7 will have some signs provided and set up by Chip Lende
  "Caution Bikes On Road" signs will also be placed 250 metres each side of the checkpoint.
- Dalton Cache, U. S. Border will have cones directing riders to the far right side of the roadway for queueing in preparation for review of riders' documentation.
- For all checkpoints: There will also be a sign in advance of your checkpoint somewhere between 400 and 1000 metres away, telling riders they are approaching checkpoint #\_\_\_\_. For Checkpoints 1-6, we will pre-check the location of these signs so that you will have decent radio reception between your bib pre-caller and the checkpoint. We suggest this is where your pre-checkpoint volunteer should be (at the advance checkpoint sign) regardless of whether this is 1 km or less away. They must have radio reception with the checkpoint; the specific distance from the checkpoint is less important. There are yellow wooden sign holders for these *Checkpoint* #\_\_\_\_ *Ahead* signs.
- Please try to restrict volunteers from controlling traffic or being on the roadway.
  Traffic control (except for checkpoints 1 and 2 where we use certified TCPs) should only be done in the checkpoint (if vehicles are allowed in your checkpoint as in #3 and #4). I realize checkpoint 7 has a specific way of keeping traffic moving safely.
  Race officials will try to be at checkpoints during peak rider times to assist.
- When your checkpoint is done (last rider has gone through), please ensure volunteers help to pack up checkpoint supplies including:
  - Coiling and securing ropes in small bundles
  - Spray over with black/gray paint any markings on pavement
  - Loading of KCIBR trailer (checkpoints 1-4) under direction of sweep officials
  - Return ALL radios, batteries, SI timing station equipment to stuff sack (in checkpoint box); give this directly to sweep officials
  - Please give hanger with bib tear-offs directly to sweep race official.

 check the Haines Skagway Road Forecast the day before for something relatively accurate:

(http://weather.gc.ca/forecast/public\_bulletins\_e.html?Bulletin=fpcn69.cwvr)

- RCMP and Conservation Officer Services will be out on the road on the Cdn Side. Haines Volunteer Fire Dept will have an ambulance at 33 Mile. For any EMS communication, go to the YARA person at your checkpoint.
- Race Officials are Mike and Anika Kramer, Mia Lee, Joel Luet, Brian Fidler and myself. We will check in with you when we arrive and depart checkpoints.
- COAT DROP: At Checkpoints 1 and 2, a volunteer will be dropping off a box of jackets which Leg 1 (8 person teams) and Leg 1-2 (4 person teams) riders dropped at the Start Line; please allow this volunteer into these checkpoints with their vehicle to drop this box off; please place the box at the EXIT chute of your checkpoint and if possible, position a person there to ask finishing riders if they dropped a jacket.
- **SOLO SUPPORT:** At Checkpoints 3 and 5, Icycle Sports will set up their 'Snack Stop' for solo riders.
- Please have a volunteer watch new riders getting ready to start their leg.
  Earbuds or music of any kind is NOT allowed. If someone refuses to remove earbuds, please get their team number and pass it along to the YARA person at the checkpoint who will radio the information to me. Ideally, fill in a brief Incident Form (in your checkpoint box binder) and pass along to me when I come through.
- As part of our Yukon and BC Highway Permits, there is an amber strobe light in your checkpoint box which the Yukon permit requires on a vehicle <u>IN</u> the checkpoint (not on the road or shoulder) at the north end of your checkpoint. I ask that you do this with one of your volunteer's vehicles for Checkpoints 3, 4, 5, 6. Ckpt 7 does **not** require this. Please see the drawing on the next page.There is a cord to plug into your 12 volt DC power source on the vehicle.
- If you have any questions, please call me at 867-333 3366

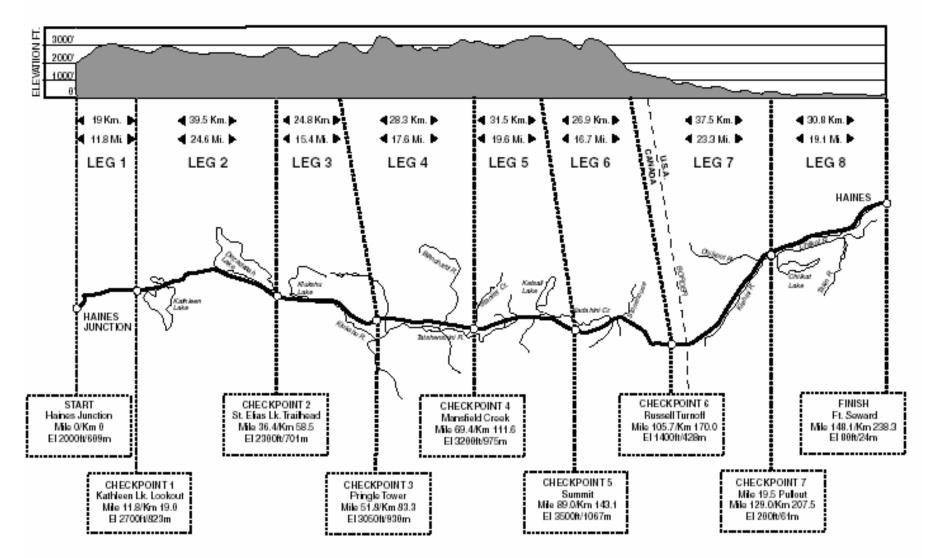
Thank you for organizing the volunteers in your checkpoint and making KCIBR possible!

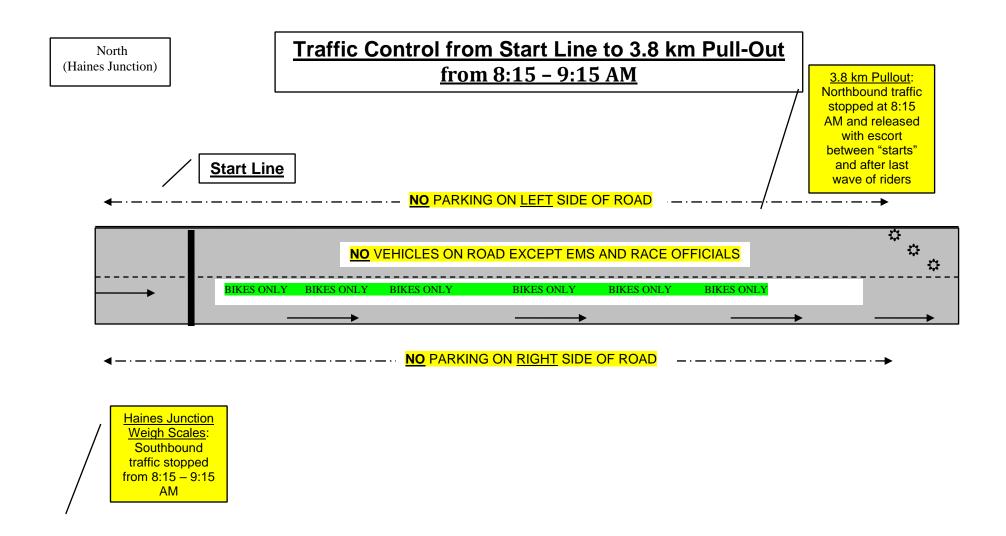


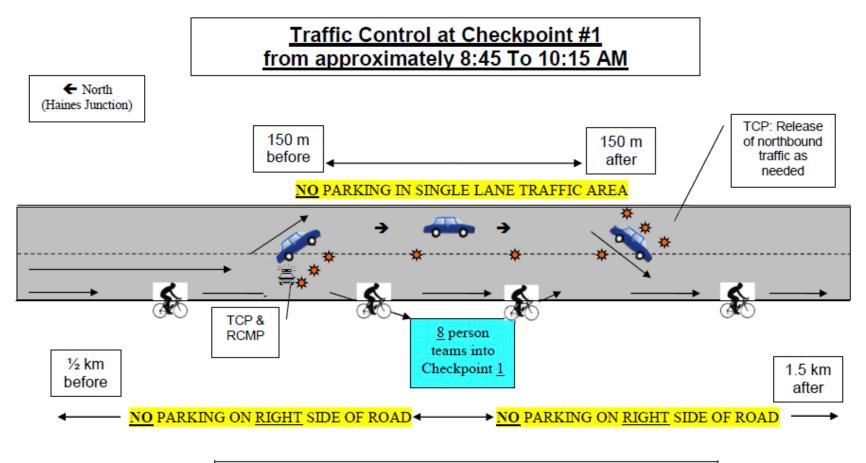
## **KCIBR Route Map**

## KLUANE CHILKAT INTERNATIONAL BIKE RELAY

Haines Road, Yukon-Canada and Alaska-U.S.A.







Please do not "warm up" on the highway while waiting to ride Stay <u>OFF</u> the roadway when walking to and from the checkpoint.

## **Traffic Control at Checkpoint 2**

